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VIRTUAL MUSEUMS AND TOURIST DESTINATIONS

Musée national des beaux-arts de Québec	Four of the rooms in the exhibition 350 years of artistic practices in Quebec are now available for virtual tours.
Montreal Museum of Fine Arts	Free access to the audio guides for the Egyptian Mummies exhibition: past found, mysteries revealed on its application and several other educational audio capsules
Musée de la civilisation	Three virtual exhibitions to discover
Musée d'art de Joliette	Virtual place, in the form of a blog, in which internet users can exhibit photographs of their own creations. Each Thursday a different theme is proposed to stimulate your creativity. Participants' achievements are then exhibited and presented in a virtual exhibit hall.
McCord Museum	Videos related to its exhibitions and filmed conferences. The museum also has a mobile application that allows tours of the city of Montreal.
Canadian War Museum	Several exhibitions accessible online.
Musée des Beaux-Arts de Sherbrooke	Two videos of one of her temporary exhibitions, Anna Wong. Journey on two paths.
Centre d'histoire de Montréal	Over 500 articles on the great and small history of Montreal. The many topics are complemented by interviews, videos, archive photos and artifacts. Daily meetings will also be created on his Facebook page.
Musée d'Orsay (Paris)	Discover its collections virtually, in youth podcast formats, HD virtual tours and YouTube videos, or through commented articles.
Virtual Museum	600 virtual exhibitions from numerous museums in Canada
Google arts & culture	Collection of museums from all over the world to visit virtually.
Pointe-à-Callière Museum	From your computer, tablet or phone, you can walk around the museum to discover some permanent exhibitions.

<u>The metropolitan museum of art</u>	The New York museum launched the Met 360° Project a few years ago, thanks to which you can visit its different rooms using 360-degree videos.
<u>Le Louvre</u>	The famous Parisian museum offers some online tours on its website. Even if the technology is a bit old, exhibitions are available, including Egyptian antiquities, the gallery of Apollo and the medieval Louvre.
<u>Église historique Saint-Charles-Borromée</u>	The public now has unlimited virtual access to the interior of this heritage building in the Old Capital, seat of the most populous parish in the Archdiocese of Quebec (French only).
<u>Virtual Gaspésie</u>	Discover the many cultural attractions of the Gaspé in 3D!
<u>Société d'histoire de Drummond</u>	Two virtual exhibitions: It was a dance and memory of our municipalities (French only).
<u>Granby zoo</u>	Information sheets and videos.
<u>The Claude Monet Foundation</u>	Visit the interior of the house of French painter Claude Monet in Biverny, Normandy.
<u>Balado Discovery</u>	Hundreds of historical and virtual tours of Quebec regions to visit.
<u>Ancient Egypt</u>	5 emblematic tourist places to visit virtually
<u>NASA</u>	NASA virtual tour

LITERATURE

<u>Author - Audrée Archambault</u>	Reading his books live on her Facebook page (French only).
<u>National Library</u>	Library and National Archives of Quebec (BanQ) offers thousands of books and documents to consult online or download. It is also possible to listen to stories online.
<u>Author – Valérie Fontaine</u>	Storytelling hours live every Tuesday evening on her Facebook page (French only).
<u>Ari Cui Cui</u>	Children's singer Ari Cui Cui invites them to watch her storytime videos on her YouTube channel. Every day, she tells a new story (French only).
<u>Montreal Children's Literature Festival</u>	Every day at 11 a.m., a personality from the youth literary world tells a story to the little ones (French only).
<u>Glénat – Éditeur de talents</u>	One manga per day to read for free (French only).

MUSIC

<u>Orchestre Symphonique de Montréal</u>	Several concerts to listen online for free. Three free concerts per week will broadcast online
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<u>Orchestre Métropolitain de Montréal</u>	Programming of musical content available free online and updated every Friday.
<u>La Fabrique Culturelle</u>	Every day at 5p.m., live from La Fabrique culturelle's Facebook page, join an artist in his living room for a musical session. On the bill: Safia Nolin, LA Bronze, Fanny Bloom, Pilou, KNLO, Caro Dupont, Mathieu Bérubé and many others (French only)!
<u>New York Metropolitan Opera</u>	The Metropolitan Opera in New York provides free performances on the Internet.
<u>Stingray Karaoke</u>	Stingray announced this week that it has unlocked the content of three of its apps, including Stingray Karaoke a catalog of 50,000 karaoke tracks.
<u>Musical Garden</u>	Musical awakening at 9:30 a.m. and intergenerational choir at 12:30 p.m. live on Facebook (French only).

SHOWS

<u>FLIP Fabrique</u>	The circus troupe FLIP Fabrique offers the entirety of its show Féria: L'attraction on its website. The show tells the story of a group of friends on the run exploring an abandoned amusement park.
<u>Atuvu.ca</u>	Shows, conferences, films, workshops and more are offered free of charge (French only).
<u>The social distancing festival</u>	It is a web platform grouping links to webcasts of all kinds of art forms – opera, music, visual arts, dance, theater.
<u>Nouveau Théâtre Expérimental</u>	10 pieces from his repertoire in full viewing (French only).

EDUCATION

<u>Open School</u>	The government portal of Quebec which brings together thousands of resources to learn, create, have fun and move much like at school.
<u>Télé-Québec en classe</u>	Télé-Québec en classe supports you to help maintain your skills and learnings (French only).
<u>The online class</u>	Daily 30-minute revision workshops in French and mathematics led by Marie-Ève Lévesque elementary school teacher (French only).
<u>Harvard University</u>	The prestigious University of Massachusetts offers a multitude of free online courses.
<u>Ecomuseum Zoo</u>	Educational sheets to learn more about animals

La dictée virale	Artists including Marie-Mai, Marie-Soleil Dion and Alex Perron, offer an exercise in viral dictation. Starting march 23 at 6:30 p.m. each day, an artist will perform a live dictation on the Trinome et filles Instagram account (French only).
Éveil artistique des tout-petits	Four podcasts on the artistic awakening of toddlers by experts from the worlds of theater, music, folklore and visual arts. Recorded in front of an audience during a mini-conference that took place February 12, these podcasts aim to inspire, share knowledge and stimulate the offer for toddlers in Montérégie (French only).
Fondation des sourds du Québec	From Quebec Distance learning course on Quebec Sign Language (LSQ - French only).

DANCE

One minute of dance per day	The artist Nadia Vadori-Gauthier created the poetic and participative project Une minute de danse par jour. Send a video of yourself dancing every day or watch those of the other participants!
Online dance classes	Most schools across Quebec offer their classes live on Facebook / Instagram or opt for software like Zoom. Some have planed fixed time slots each week. Special classes are also added, so you have to stay tuned and the best way to not miss anything is by subscribing to their social networks (French only).
NumériDanse	Free access to thousands of choreographic resources

CINEMA

Festival international du court métrage REGARDS	Several short films from its 24 th edition free (French only).
Wapikoni mobile	Over 1000 works by young indigenous filmmakers.
National film board of Canada	Films, short film and documentaries are available at all times and free of charge.
Open culture	1,150 free films from around the world

HUMOR

Rachid Badouri and Mehdi Bousaidan	In addition to making hilarious videos on the coronavirus Rachid Badouri invited his little brother Mehdi Bousaidan to make live videos in duplex every evening at 7 :45 p.n. on Instagram with the concept A live and in quarantine! Thanks to their obvious complicity, the two comedians talk about everything and nothing, in addition to interacting with their admirers (French only).
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<u>Comedian – Francois Bellefeuille</u>	Several of his shows are available on video on his website. An informal Facebook video discussion between Monsieurs, Madame Tout-le-monde, moderated by Francois Bellefeuille and Francois Boulianne on Francois' Facebook page (French only).
<u>Louis-José Houde</u>	For two weeks, Louis-José Houde confides, via short videos, about the current situation. See the 8 videos already published on his Facebook page. You can also listen to the Hidden Show 2 podcast (French only).
<u>Le lineup du Bordel</u>	Lodge discussion between the guests of the Bordel Humor evenings, moderated by Etienne Dano. An initiative of Francois Bellefeuille. Episodes 1 to 15 available on YouTube, apple music and Balado Quebec (French only).
<u>3,7 planets</u>	Francois Bellefeuille wants to do more for the environment. In this podcast, the comedian tries to change his habits with humor. Episode 1 to 11 available on Radio-Canada's Ohdio platform (French only).
<u>Guillaume Pineault and Matthieu Pepper</u>	At 10 p.m., every evening except Sunday, for 1 hour and 30 minutes on Instagram, the comedians Guillaume Pineault and Matthieu Pepper are at the helm of the Live It Takes No Head at Pepp Pineault late show (French only).
<u>Arnaud Soly</u>	At 10 p.m., every evening on Instagram, the comedian Arnaud Soly personifies several characters while interacting with Internet users and with the Quebec artistic community. Sometimes he dubbed shows with a guest artist (French only).
<u>Mathieu Dufour</u>	The Show-rona virus, a live talk show that he presents every evening without exception at 9 p.m. Famous personalities almost jostle each other to be part of the show (French only).

GAMES AND ACTIVITIES

<u>Montreal Science Centre</u>	Several activities, games and experiences
<u>Musée des beaux-arts de Montréal</u>	Every morning on their Facebook page, a cultural proposal to brighten up your day.
<u>The creative Ph'Art</u>	The artist created this site during quarantine in order to equip parents who were at home. The site is also intended for teachers wishing to suggest activities for their students (French only).
<u>Groupe Facebook Scoutisme à la maison</u>	Scouts in the Montérégie provide scouts and all children with ideas for games, codes and puzzles to have fun at home (French only).
<u>Randolph Facebook –</u>	Family and adult quiz every Tuesday and Thursday on their Facebook page (French only).

<u>Games and entertainment</u>	
<u>Wooloo Blog</u>	Several games to print, one of which searches and finds the virus (French only).
<u>Bibliothèque et Archives nationales du Québec</u>	A brand-new space for the youngest is in preparation. They will soon find everything to please them: stories to listen to, short animated films, games, crafts and of course reading suggestions and digital books (French only).
<u>Naître et grandir</u>	Games, drawings, tales and crafts adapted to the age of your little ones!
<u>Guillaume Perreault</u>	Coloring book (French only).
<u>Moppi</u>	<p>Videos to introduce children from 2 to 10 years old to different professions with role playing, karaoke as well as interviews with people passionate about their profession. In addition, you will find for each age group full of activities in French, mathematics, science, self-knowledge and others designed by a teacher, author of teaching materials. You must subscribe to their newsletter to receive access (French only).</p> <p>Connect subscribers and enter: Email address: info@moppi.ca Password : Moppi2020 (uppercase M)</p>
<u>Musée canadien de la nature</u>	Activities, challenges and crafts published daily on their social networks (French only).
<u>Asmodee Canada</u>	Several board games to print for free to play at home
<u>Petite Fabrique Créative</u>	A small book to fill to keep memories of this somewhat special period (French only).

MOVE WITH THE CITIZENS

<u>Yogs Yuva</u>	Yoga for kids (French only).
<u>Karo-Forme</u>	Live training on their Facebook page (French only).
<u>Spartanfit</u>	Live training every day at 10 a.m. on Facebook (French only).
<u>Minotaure Crossfit</u>	Training program on their Facebook page.
<u>Cubes énergie du Grand Défi Pierre Lavoie</u>	It's a meeting, every day at 10 a.m. on the Facebook page Grand Défi! Other videos for moving sound available on the Force 4 website (French only).
<u>Défi Santé</u>	One month of activities with défi santé (French only).
<u>Cardio plein air</u>	One free workout per day (French only).
<u>Move 50 plus</u>	For those who want to stay physically active, a team of kinesiologists from Secovie have designed online exercise capsules adapted to the varied physical condition of older people (French only).

<u>FADOQ</u>	Training program adapted for an older clientele.
<u>Canal vie</u>	Training program for those 50 and over (French only).
<u>Josée Lavigneur</u>	Several training videos and tips (French only).
<u>Wixx</u>	Several activities to get young people moving (French only).
<u>Jeunes en santé</u>	Several videos to move and dance for young people (French only).
<u>Bouclette la fée (yoga)</u>	Yoga every weekday morning at 9:30 a.m. live on their Facebook page (French only)
<u>Active for life</u>	Over 200 activities to get young people moving.
<u>Vifa magazine</u>	Program to start running with your children (French only).
<u>Fillactive</u>	Training program for all levels.
<u>Yoga and company passion</u>	Free subscription for the duration of quarantine (French only).

OTHER

<u>Balado Québec</u>	Several Quebec podcasts to listen to (French only).
<u>Ici Radio-Canada</u>	Hundreds of podcasts to listen to (French only)
<u>The.culture minute</u>	She presents works of art on her Instagram in a humorous way by making the characters speak (French only).
<u>Culture chez nous</u>	Several educational resources and cultural discoveries for all age groups.
<u>Corona culture</u>	The Corona culture Instagram account was created to become a virtual artistic residence and promises, poetic digital and united culture in the days of the coronavirus. Every day visual artists and poets will present their art there (French only).