

7 SPORTS

ACTIVITÉS SPORTIVES



Why choose 1 sport when you can practice many; volleyball, Hockey, Football, Baseball, Yoga, Kin-ball, Handball, La Crosse and much more....there's something new every week!
This non-competitive sports program has 4 objectives:

**SELF
CONFIDENCE**

DISCOVERY

DEVELOPMENT

FUN!

FALL 2025
SEPTEMBER 24 TO NOVEMBER 12

AGES 2-4
W/PARENT
WEDNESDAY
5:30-6:15pm

AGES 4-6
WEDNESDAY
6:20-7:05pm

\$145 Resident | \$175 Non-Resident

535 Rue Westminster, Dollard-des-Ormeaux, QC H9G 1G3



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